

Podar International School Mangalore

Selection for School Teams for AICS Inter-School Sports Competition

Ref No: PIS/ACT/SEAT/2024-25/03

Dear parents,

Greetings from Podar International school Mangalore!!!

We are excited to announce the commencement of selections for our school sports teams for the upcoming AICS Inter-School Sports Competition. This is an excellent opportunity for our talented athletes to showcase their skills and represent our school with pride.

All interested students are encouraged to participate and demonstrate their abilities in their respective sports disciplines. Interested students, please enroll your names with your class teacher on or before 04/06/2024.

<u>Table Tennis:</u>	Category U 14 boys and girls (born on or after 01/01/ 2011) Category U 17 boys and girls (born on or after 01/01/2008)
<u>Chess:</u>	Category U 14 (born on or after 01/01/ 2011) Category U 17 (born on or after 01/01/2008)
<u>Cross country Race:</u>	Category U 14 boys and girls (born on or after 01/01/ 2011) Category U 17 boys and girls (born on or after 01/01/2008)
<u>Shuttle Badminton:</u>	Category U 14 boys and girls (born on or after 01/01/ 2011) Category U 17 boys and girls (born on or after 01/01/2008)
<u>Football:</u>	Category U 14 boys and girls (born on or after 01/01/2011) Category U 17 boys and girls (born on or after 01/01/2008)
<u>Throwball:</u>	Category U 14 boys and girls (born on or after 01/01/2011) Category U 17 boys and girls (born on or after 01/01/2008)
<u>Volleyball:</u>	Category U 14 boys and girls (born on or after 01/01/2011) Category U 17 boys and girls (born on or after 01/01/2008)
<u>Kabaddi :</u>	Category U 14 boys and girls (born on or after 01/01/2011) Category U 17 boys and girls (born on or after 01/01/2008)
<u>Kho kho:</u>	Category U 14 boys and girls (born on or after 01/01/2011) Category U 17 boys and girls (born on or after 01/01/2008)
<u>Swimming:</u>	Category U 14 boys and girls (born on or after 01/01/2011) Category U 17 boys and girls (born on or after 01/01/2008)
<u>Athletics</u>	Category U 14 boys and girls (born on or after 01/01/2011) Category U 17 boys and girls (born on or after 01/01/2008)

Note: Students from Grade VI and above are eligible to participate in the selection trials



Chandrasa.P

Physical Education Teacher



Principal